



US 20160235129A1

(19) **United States**

(12) **Patent Application Publication**
JACKSON

(10) **Pub. No.: US 2016/0235129 A1**

(43) **Pub. Date: Aug. 18, 2016**

(54) **EXERCISE GARMENT**

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(21) Appl. No.: **15/016,735**

(22) Filed: **Feb. 5, 2016**

(30) **Foreign Application Priority Data**

Feb. 13, 2015 (GB) 1502407.8

Publication Classification

(51) **Int. Cl.**
A41C 3/08 (2006.01)
A41D 13/00 (2006.01)

(52) **U.S. Cl.**

CPC **A41C 3/08** (2013.01); **A41D 13/0017**
(2013.01); **A41D 2400/20** (2013.01); **A41D**
2400/60 (2013.01)

(57)

ABSTRACT

An exercise garment comprising: an upper portion comprising a support element arranged to support, in use, breasts of a wearer of the exercise garment and defining a first opening arranged to receive the neck of the wearer; a lower portion arranged to substantially cover, in use, the abdomen of the wearer and defining a second opening arranged to receive the abdomen of the wearer; a third opening extending from at least one of the first opening and the second opening and through at least part of the upper portion and/or the lower portion; and a closure element for at least partially closing the third opening.

